

Overcoming Language Barriers

Alumni Hau Abreu Tak-fat, David Hong Kong Technological and Higher Education Institute Bachelor of Social Science (Honours) Sports and Recreation Management



A new, yet familiar face is seen around the campus in this school year. Returning to Ho Ngai College as a teaching assistant for the English department, Hau Abreu Tak-fat, David shares his journey from a student to a successful university student.

David is now studying at Hong Kong Technological and Higher Education Institute, majoring in Bachelor of Social Science (Honours) Sports and Recreation Management. David's aspiration to be a sports coach led him to choose this major, and he enjoys his flexible study life, which includes many hands-on experiments.

English being the primary language of instruction in lectures can be a challenge for students who came from Chinese Medium-of-Instruction schools. Having moved to Hong Kong at a young age without knowing a word in Cantonese or English, David struggled with learning when he was at school. Nevertheless, by immersing himself in both languages at school and practicing with classmates every day, his continuous effort has enabled him to become a fluent speaker of both languages. David proved to us that hard work pays off, his perseverance has helped him overcome various challenges in life.

Apart from the learning, his participation in different sports activities, including the rugby team and the annual athletic meet constitutes an indispensable part of his university life. These experiences helped him improve his social skills, build his confidence and become braver in face of adversity.

David thinks that university life is significantly different from secondary school life, where there are no uniforms, nor any restrictions on appearance. With great freedom, come great responsibility. Being self-disciplined is to be responsible for your own success.

During his time at Ho Ngai College, David also held various leadership positions, such as Vice-head prefect, president of the English Club, Head Peer Counsellor, and student union secretary of recreation. He advised current students to explore new opportunities and join clubs to make new friends. When in doubt, do not hesitate to reach out to teachers, as they are always ready to provide students with support and guidance.

David's future plan is to join the Hong Kong disciplined services. Once again, he stresses the importance of persistent effort towards achieving one's goals and encourages students to never give up on their dreams.

Ho Ngai College is proud of its alumni and wishes them continued success in their future endeavours.